The PATH TO EQUILIBRIUM

by The Reef Resorts

ŌME SPA

SPA & WELLNESS *EXPERIENCE*

A sanctuary where sea and land unite to awaken your senses.

At OME Spa, every facial, body ritual, and massage is thoughtfully designed to reconnect body, mind, and spirit. Inspired by ancestral wisdom and enriched with contemporary innovation, our treatments nourish the skin, release tension, and restore inner balance.

Noble ingredients, natural aromas, and enveloping textures merge into a sensorial journey that celebrates the present moment while honoring your well-being and that of the planet.

FACIAL COLLECTION

The face is the purest reflection of your well-being. Our facial treatments combine deep cleansing techniques with advanced masks and natural extracts that soothe, regenerate, and illuminate your skin. From express rituals that restore freshness in minutes, to intensive therapies with Vitamin C, seaweed, and propolis from the Jura Mountains, each experience is designed to revitalize, protect, and reveal your skin's natural beauty. Discover facials that balance sensitivity, enhance elasticity, reduce fine lines, and provide lasting hydration—leaving you with a radiant, healthy complexion.

Soothing & Refreshing Mini Facial

25 min: $1500 mx

Give your skin a breath of freshness, a gentle cleanse that removes impurities and calms sensitivity. Infused with chamomile, calendula, and azulene, your skin is decongested, softened, and regains its natural glow. Enjoy lasting hydration and a radiant finish in just minutes.

Sensitive Skin Facial

50 min: $2400 mx

A calming retreat for your skin. This ritual begins with a gentle cleanse and continues with a creamy mask enriched with Jura Mountain propolis, aloe vera, and shea butter. Its healing and nourishing properties reduce redness, soothe irritation, and reveal a soft, balanced, and naturally luminous complexion.

Rich in flavonoids, minerals, and vitamins, it accelerates cellular regeneration, strengthens capillaries, and provides protection against UV rays. Thanks to the synergy of panthenol, aloe vera, shea butter, and titanium dioxide, the skin is visibly soothed, decongested, and fortified. The result: a smooth, balanced, and radiant complexion, free of irritation, with a healthy and toned appearance.

Luminous "C" & Sea Treatment

50 min: $2800 mx

An advanced treatment that begins with a soothing, decongesting cleanse for sensitive skin, followed by a next-generation mask powered by Vitamin C and freeze-dried seaweed, micro-encapsulated with the purest squalene oil. This innovative formula strengthens elasticity, softens fine lines, combats aging, and restores a smooth, radiant look—reviving your skin's natural beauty.

BODY COLLECTION

Inspired by the botanical richness of our land, this collection honors noble ingredients such as Aloe Vera, Avocado, and Pumpkin—traditionally valued for their regenerative and nourishing properties. Each ritual combines exfoliation and body wrap to deeply purify, hydrate, and restore the skin with intention and care. Contemporary experiences that bridge ancestral wisdom and modern well-being, revealing skin that feels luminous, balanced, and naturally renewed.

Aloe Vera Body Exfoliation

30 min: $2800 mx

A deeply hydrating and soothing body polish infused with pure Aloe Vera. This gentle exfoliation refines the skin's texture while replenishing essential moisture. Enriched with Shea Butter, Sweet Almond Oil, and Vitamin E, it restores suppleness and radiance, leaving the skin silky-smooth, refreshed, and luminous. Suitable for all skin types.

Aguacate Skin Renewal Exfoliation

30 min: $9000 mx

A luxurious creamy exfoliation designed to restore vitality and softness. Natural polishing particles reveal radiant, velvety skin, while Avocado and Aloe extracts deliver deep nourishment and immediate hydration. Fractionated Coconut Oil provides antioxidant protection and lasting moisture. A sensorial ritual that balances indulgence with visible results.

Calabaza Repair Glow Exfoliation

30 min: $9000 mx

An invigorating foaming polish inspired by seasonal botanicals. Pumpkin enzymes gently renew the skin, while Fractionated Coconut Oil replenishes moisture and enhances glow. Oat extract soothes and comforts, and a touch of Orange essential oil leaves a subtle calming finish. Skin feels smooth, supple, and beautifully revitalized.

Agave Glow Experience (Body Wrap)

30 min: $2500 mx

An ancestral ritual from tropical regions that naturally nourishes and beautifies your skin. Coconut deeply hydrates without leaving a greasy feeling, accelerates cellular regeneration, and, thanks to its richness in vitamin E and fatty acids, keeps your skin elastic, smooth, and radiant while reducing the appearance of stretch marks.

Aguacate Skin Renewal Body Wrap

50 min: $2500 mx

A restorative body ritual crafted to replenish and renew. Aloe Vera prepares the skin through gentle exfoliation, followed by an intensive wrap that deeply hydrates and soothes while encouraging natural regeneration. Ideal for dry, stressed, or dull skin. The complexion appears balanced, luminous, and comforted.

Calabaza Sunset Glow Body Wrap

50 min: $2500 mx

A sophisticated body treatment celebrating the renewing properties of Pumpkin. This indulgent ritual gently resurfaces the skin while enveloping it in antioxidant-rich hydration. Fractionated Coconut Oil enhances luminosity, Shea Butter seals in nourishment, and Oat extract soothes and restores comfort. A delicate infusion of Orange essential oil harmonizes the senses.
The result is silky, revitalized, and beautifully radiant skin.

MASSAGE COLLECTION

A wide range of massage techniques, an exquisite selection of natural oils and a different concept of aromatherapy are available to personalize each experience.

Harmony Massage

50 min: $2500 mx

Relaxing body massage, employing the traditional Swedish technique and its wide variety of manipulations, ideal for relieving stress and tension, mitigating tiredness, improving circulation and promoting an overall sense of well-being.

Deep Tissue Massage

50 min: $2800 mx
80 min: $3500 mx

Ideal for those experienced in massage and to treat muscle tensions and spasms, soreness, tightness and chronic muscle pain, it uses sustained pressure through slow and deep movements, aimed at the muscle mass and connective tissues. It helps improve elasticity and flexibility, promote faster recovery by increasing blood flow, and reduce inflammation.

Sports Massage

50 min: $2700 mx

Focused, systematic massage, targeting the muscles, employs various techniques to decrease muscle soreness and optimize recovery,as well as improve overall range of motion and flexibility, to support safe and effective movement. A sports massage session is specifically tailored to individual needs and includes stretching and mobilizations.

Okom Signature Massage

80 min: $3200 mx

Extraordinary fusion of Western and Eastern therapeutic and traditional techniques, for a total sense of well-being. This therapy is ideal for relieving stress and tension, pain and muscle stiffness, improving circulation, muscle and joint mobility, healing and balancing body and mind. A therapeutic massage with exquisite massage oils and fine essential oils, customized according to your needs and preferences.

Aromatherapeutic Massage with Hot Stones

80 min: $3900 mx

Relaxing, therapeutic and aromatic, it combines hot volcanic glass and salt stones, essential oils and various massage techniques, to relax, relieve tension and muscle spasms, improve joint mobility and stimulate circulation. Perfect for a deep sense of balance, to calm the body and mind, achieving inner harmony.

Aromatic Candles Massage

50 min: $2800 mx

An exquisitely relaxing massage with Aromatic Candles enriched with Soy Wax and Essential Oils. Nourishing, protective and moisturizing, with a perfect temperature for a sensation of warmth, silkiness and unique softness. A memorable sensorial experience! Aromas: Tropical Island and Sweet Lime Orchard.

Reflexology

50 min: $2600 mx

This therapy stimulates reflex points on the hands and feet that correspond to organs of the body. Relieves tension, improves circulation and restores balance.

Mother To Be

50 min: $2500 mx
80 min: $3400 mx

Ideal to alleviate tension in your lower and upper back, swelling in hands and feet. A unique cushion system is used to ensure ultimate comfort and relaxation.

Four Hands Massage

50 min: $4100 mx

A synchronized, four-hands massage performed by two therapists simultaneously, ideal to reduce stress and anxiety and promote an over all sense of well -being. A comprehensive experience for a deep sense of relaxation and balance.

Revive

25 min: $1500 mx

Add on or stand -alone mini -treatment, it is the perfect option for those short of time. Select between: • The Relaxing, Stress Relieving Back, Neck & Shoulders Massage • The Invigorating & Restoring Leg & Foot Therapy.

All our services include Hydrotherapy
(sauna, steam, sensation shower and whirlpool)

All prices include taxes.
All prices are subject to change without notice.
Restriction apply.

+ INFO: +52 (984) 206-5150 EXT. 3844
9:00 AM -10:00 PM

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